

ONE - Coaches Question:

If my team of 16 does 3 kick-double basket tosses (without front spots) at the start of the routine, and then does 1 kick-double (without a front spot) later in the routine, will we max out the possible basket-toss score?

Response:

The basic answer to your question would be 'No'. The rubric requires 4 tosses (team of 16) to be judged as the secondary stunt. If you do three tosses it falls into the -1 category (7 range). Remember this must be filtered into the score of the primary stunts.

The reason all four tosses must be executed at one time is to confirm that all team members are being used in the performance of the stunt. When three or executed at one time and then one later in the routine, the judge cannot determine if it is a different set of athletes performing the skill.

Please remember that the secondary stunt can be as simple as extensions. A coach may complete the basket tosses for visual reasons (bringing up their scores in creativity and showmanship) while completing another set of secondary stunts within the routine.

TWO - Coaches Question:

Our team would like to wear tattoos. We want to wear those foil stars like teachers use on their students papers. Can we wear the small foil stars?

Response:

No, these are illegal. They would become an individual deduction of five points per athlete.

THREE - Coaches Question:

Can we tie our long shoe strings around the shoe? We have taken the tape off but received deductions for the team having their shoestrings tied around the shoe.

Response:

This is illegal and the call was appropriate. If possible get some shorter shoe strings.

FOUR - Coaches Question:

If a cheerleader does a roundoff bhspring full, bhspring full in running tumbling-would that count as two fulls? I am confused as to what way you can receive credit for 4 or more fulls? Does it have to be 4 different people doing fulls or can it be three with one of them doing the above mentioned tumbling pass?

Response:

Yes, this is the maximum amount a single member can throw. So if you have two members who throw the roundoff back handspring full, backhandspring full that would actually be given credit for four fulls. If you have two who throw the fulls and another one does two fulls, then you would have a total of four fulls.

FIVE - Coaches Question:

Total Team# (-0) Must include half up plus 2 body positions with 2 of them being flexibility skills. Squade single or double down dismounts.

This half up does mean to extension correct?

Response:

This is the third row of the rubric/guide under Partner Stunts. The rubric states - 0 two body position including a half up to PREP or Extension.

The rubric at this level was left open to allow teams to complete the skills safely. The coach will have the option of a half up to prep or extension and can still score in the same area. The team would be able to complete a score of 5 based on the rubric requirements.

SIX - Coaches Question:

Do the double down dismounts in Partner Stunts, score of 6 (-2), have to be from an extended level?

Response:

To score a 6 in the DOD category the double downs can be from a prep level.

SEVEN - Coaches Question:

For a single based stunt- we are doing 5 libs with a squad of 16-where do the hands have to be placed. If there are just two bases and no backspot does one of the bases act as the backspot and if so do they grab the ankle and the other bases wrist? We received a warning stating that the "spot" could not touch the foot-I was not sure who the spot was in this case since there are only 2 people putting up the stunt.

Response:

If the base holds the stunt and the spot holds the wrist of the base and the leg of the top person the stunt is legal. It is a coed stunt with assistance. The spot is usually on the side and assist with the stunt. The spotter cannot hold under the foot of the top person or under the hand(s) of the base. The spot cannot hold under the front toe of the shoe of the top person. If the stunt is extended the spot must assist with the cradle.

EIGHT - Coaches Question:

For Running Tumbling-Are fulls only counted in R. Tumbling or do they also count the one's in the routine? Also, if I have a cheerleader who does a roundoff bhspr full bhspr full would that count as two fulls? I am trying to max out the score sheet for R tumbling-I guess I am asking does it have to be 4 different people doing fulls or can three do fulls as long as one of them does two fulls in her tumbling pass?

Response:

See response to question 4.

NINE - Coaches Question:

We do a tick tock fully extended but the bracers are in a half without a back spot-they said we had to have a back spot- My question is can we come down from the extended position do a ticktock from a lib and then power press it back up and hitch? I guess what I am asking is if a fly has 2 bases and a backspot can they do a ticktock from a lib in the half position all on their own w/o help from anyone else?

Response:

See NFHS Rule 2-6-7d (page 22). The person and the bracers must have a separate spotter (Exception: bracers in a shoulder sit or thigh stand). So it is not the level of the flyer but the level of the bracers that determine the spotting.

See NFHS Rule 2-6-7 (page 21). A tick-tock is a release stunt and therefore must be braced. It is considered a release transition and falls under rule 2-6-7. All elements of the rule must be followed. You will even find the tick-tock listed under this rule.